



## Appetizers

- Combination** – Hummos, Baba Ghanoush & Tabuleh . . . . . 7.50
- Large Combination** – Hummos, Baba Ghanoush, Tabuleh, Dolma, Feta Cheese & Olives. . . . . 10.95
- Hummos, Baba Ghanoush, Tabuleh or Dolma** . . . . . each 6.95
- Djajiki** – Cucumber Yogurt Dip & **Harissa** – Tomato, Walnut, Roasted Red Pepper Dip  
served with Pita Chips. . . . . 7.95
- Falafel Appetizer** over Greens with Tahini. . . . . 6.95
- Warm Kalamata Olives & Feta Cheese.** . . . . . 6.50
- Side of Pita Chips or Side of Fresh Veggies** . . . . . 2.95

## Soup du Jour

- Avgolemono** – Traditional Greek Lemon Chicken and Rice Purée . . . . . cup 4.95 bowl 6.50
- Vegetarian Soup du Jour** – See our Daily Selection . . . . . cup 4.95 bowl 6.50
- Cold Cucumber & Yogurt Soup** . . . . . cup 5.50 bowl 6.95
- Soup du Jour & Small Green Salad** . . . . . cup 10.25 bowl 11.50

## Salads

*All salads come with our house tomato vinaigrette. Vegan tahini dressing available.*

- Small Green Salad** – Organic Mixed Greens, Cucumber, Tomato & a sprinkle of Feta Cheese . . . . . 7.95
- Large Green Salad** – Organic Mixed Greens, Egg, Cucumber, Tomato & Feta Cheese  
topped with Tabuleh . . . . . 13.50
- Spinach Salad** – A bed of Spinach with Walnuts, Onion, Tomato, Feta & Egg . . . . . small 9.50 large 13.50
- Armenian Tomato Salad** – Tomatoes & Cucumbers tossed with Olives, Herbs & Feta . . . . . 12.50
- Lentil Salad** – Lentils tossed with Red Bell Pepper, Herbs, Lemon Juice, Olive Oil over a bed of  
Organic Mixed Greens, with Tomato, Egg, Cucumber & a sprinkle of Feta Cheese . . . . . 13.50
- Salad Méditerranée** – Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad,  
Lentil Salad & Organic Salad Greens with Feta Cheese . . . . . 13.50
- Chicken Salad** . . . . . 13.50  
Skewer of Grilled Chicken over Organic Greens with Egg, Cucumber, Tomato & Feta Cheese
- Fruit & Cheese Plate** – Seasonal Fresh Fruit & Cheeses. . . . . small 7.95 large 11.50

# Mediterranean Meza

(for two or more)

A tasting of 10 House Specialties including Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Dolma Grape Leaves, Levant Sandwiches, Lamb Lule, Chicken Cilicia Fillo, Spinach & Feta Fillo, Chicken Pomegranate and Rice Pilaf.

Vegetarian or Vegan selection also available - \$19.95 per person

## Specialties

Served with Choice of Green Salad or Armenian Potato Salad or Cup of Soup du Jour

<b>Middle Eastern Plate</b> . . . . .	15.95
Chicken Cilicia Fillo, Grecian Spinach & Feta Fillo, Levant Sandwich and choice of Lamb Lule or Chicken Pomegranate	
<b>Vegetarian Middle Eastern Plate</b> . . . . .	15.50
Grecian Spinach & Feta Fillo, Cheese Karni Fillo, Dolma, Levant Sandwich or Falafel	
<b>Chicken Pomegranate</b> . . . . .	15.95
Four Drumsticks marinated in Pomegranate Sauce, Baked with Wild Herbs, served over Rice Pilaf	
<b>Chicken Kebab</b> – Two Skewers of Marinated Chicken Grilled and served over Rice Pilaf. . . . .	15.95
<b>Lamb Lule</b> . . . . .	15.95
Local, Grass-fed Lean Ground Halal Lamb Meatballs with Parsley, Spices, Onions & Tomatoes over Rice Pilaf	
<b>Lebanese Kibbeh</b> – Lean Ground Beef & Cracked Wheat Meatballs, Seasoned & Baked. . . . .	15.95
<b>Saffron Chicken.</b> . . . . .	15.95
Sliced Halal Chicken Breast baked in a Saffron Lemon Sauce served over Rice Pilaf	
<b>Falafel Sandwich</b> . . . . .	13.95
Crisp Falafel balls wrapped in Lavash Bread & grilled, served with Organic Greens & Tahini Sauce	
<b>Chicken Shawerma Sandwich</b> . . . . .	14.95
Spiced baked Chicken Sandwich, wrapped in Lavash Bread & grilled, served with a Cucumber Yogurt Sauce	
<b>Quiche of The Day</b> – Three slices of our Vegetarian Selection of the Day . . . . .	14.95
<b>Levant Sandwich</b> . . . . .	14.95
Four Vegetarian Lavash Bread Sandwiches with Herbed Cream Cheese and Fresh Vegetables	
<b>Le Billet Doux</b> –Combination of the Levant Sandwich and Quiche of the Day . . . . .	15.50



la Mediterranee

Anoush Ella! (may it be sweet)

NO SUBSTITUTIONS PLEASE – We are happy to split the bill in maximum four ways – Not responsible for lost items  
A 4% fee added for San Francisco Employer Mandates – 18% gratuity added for parties of 6 or more

## Fillo Dough Specialties (handrolled & baked)

Served with Choice of Green Salad or Armenian Potato Salad or Cup of Soup du Jour

**Grecian Spinach & Feta** – A delicious mixture of Spinach, Onions, Garbanzo & Feta Cheese

**Chicken Cilicia** – Cinnamon-spiced Chicken with Almonds, Chickpeas & Raisins

**Levantine Meat Tart** – Lean Ground Beef with Pine Nuts & Spices served with a Tomato Onion Sauce

**Cheese Karni** – Stuffed with Melted Mozzarella and Feta Cheeses, spiced with Herbs & Onions

Any combination of four pieces - \$15.95



## Desserts

**Heavenly Trio** – Baklava, Datil Amandra, and Chocolate Mousse . . . . . 7.95

**Datil Amandra** – Dates & Nuts rolled  
in Fillo, served warm . . . . . 6.95

**Muhalabiye** – Rosewater-infused  
Pudding with Pistachios . . . . . 6.95

**Pistachio Nest** – in Flaky Fillo . . . . . 6.95

**Baklava** – Walnuts in Layered Fillo . . . . . 6.95

**Crème Brulée** . . . . . 6.95

**Chocolate Mousse** . . . . . 6.95

**Vegan Chocolate** or **Fresh Lemon Cake** . . 6.95

## Hot & Cold Beverages

Organic Lemonade . . . . . 2.95

Iced Tea . . . . . 2.95

Coke, Diet Coke, Flavored Sodas . . . . . 2.95

Sparkling Water. . . . . small 2.95 large 5.25

Apple Juice . . . . . 3.50

Milk. . . . . 3.50

Selection of Teas . . . . . 2.95

Moroccan Sweet Mint Tea (hot or iced) . . . . . 3.50

Middle Eastern Coffee . . . . . 4.95

Espresso . . . . . single 3.50 double 4.50

Cappuccino . . . . . 4.50

Café Latte . . . . . 4.95

Café Mocha . . . . . 4.95

Hot Chocolate . . . . . 4.50

House Coffee . . . . . 2.95

## Beer & Wine

**Kotayk** (Armenia) – **Mythos** (Greece) – **Almaza** (Lebanon) **Stella Artois** (Belgium)

**Anchor Steam** (San Francisco) . . . . . 5.95 each

**House wine** – Burgundy or Chardonnay . . . . . glass 6.95 1/2 litre 17.00 litre 28.00

**Retsina** – Greek White Table Wine aged in Pine Barrels . . . . . glass 7.95 1/2 litre 19.00 litre 32.00

**La Méditerranée Sangria** . . . . . glass 7.95 1/2 litre 19.00 litre 32.00

– Please see our Wine List for Specials by the Glass –