



## GLUTEN-FREE MENU

### Appetizers, Salads & Soups

- Hummos, Baba Ghanoush, Goat Cheese Stuffed Dates,  
Dolma, Djajiki, Harissa or Armenian Potato Salad** . . . . . each 7.50
- Roasted Red Pepper Hummos** . . . . . 7.50
- Side of Gluten-Free Crackers** . . . . . 2.95
- Falafel Appetizer** | Served over Organic Greens with Tahini . . . . . 7.50
- Falafel Salad** | Crisp Falafel Balls served over Organic Greens with Fresh Veggies . . . . . 14.50
- Green Salad** | Organic Greens, Egg, Cucumber, Tomato & Feta Cheese  
(Request No Tabuleh) . . . . . small 9 large 14.50
- Three Bean Salad** | Medley of Beans tossed with Red Bell Pepper, Herbs, Lemon Juice, Olive Oil  
over a bed of Organic Greens with Egg, Tomato & Cucumber . . . . . 14.50
- Chicken Salad** | Mary's grilled Chicken Skewer over Organic Greens with Egg, Cucumber,  
Tomato & Feta Cheese . . . . . lunch 14.95 dinner 16
- Salmon Salad** | Skewer of Salmon over Organic Greens, Tomato, Cucumber & Feta. . . . lunch 15.95 dinner 17
- Salad Méditerranée** | Hummos, Baba Ghanoush, Armenian Potato Salad,  
Bean Salad & Organic Greens (Request No Tabuleh). . . . . lunch 14.50 dinner 15.50
- Lentil or Avgolemono Soups** | Ask Server for Availability . . . . . cup 5 bowl 7

**Gluten-Free Meza** | Hummus, Baba Ghanoush, Armenian Potato Salad, Chicken Pomegranate,  
Dolma, Falafel, Rice Pilaf, Bean Salad, Harissa . . . . . per person 24

### Specialties

Served with **Choice of Green Salad or Armenian Potato Salad or Cup of Soup du Jour**

- Chicken Pomegranate** | Drumsticks marinated in Pomegranate Sauce,  
baked with Wild Herbs, served over Rice Pilaf . . . . . lunch 14.50 dinner 18
- Chicken Kebab** | Mary's Chicken Breast, grilled and served over Rice Pilaf . . . . . lunch 14.95 dinner 19
- Beef Kafta Kebab** | Marin Sun Farms pasture-raised Beef Meatball skewer,  
grilled & served with Rice Pilaf . . . . . lunch 15.50 dinner 19
- Veggie Kebabs** | Two Skewers of marinated Vegetable Kebabs with Organic Tofu,  
served over Rice Pilaf . . . . . lunch 15.50 dinner 18.50
- Lamb Lule** | Local, Grass-fed Lean Ground Halal Lamb Meatballs with Parsley, Spices,  
Onions & Tomatoes, served over Rice Pilaf . . . . . lunch 15.50 dinner 19.50
- Lamb or Veggie Moussaka** | Grilled Vegetables layered with  
a gluten-free Bechamel Sauce . . . . . lunch 15.95 dinner 19.95
- Salmon Kebab** | Grilled Salmon Skewer marinated in Dill & Tomato, over Rice Pilaf . . lunch 15.95 dinner 21.95
- Vegan Kafta Meatballs** | Plant-based Meatballs served over Rice with Tahini . . . . . 17.95

### Dessert

- Mahalabiye or Chocolate Mousse** . . . . . each 6.95