



GLUTEN-FREE MENU

🍴 Appetizers, Salads & Soups 🍴

- Hummos, Baba Ghanoush, Goat Cheese Stuffed Dates,
Dolma, Djajiki, Harissa or Armenian Potato Salad** each 8.25
- Roasted Red Pepper Hummos** 8.25
- Side of Gluten-Free Crackers** 3.50
- Falafel Appetizer** | Served over Organic Greens with Tahini 8.25
- Falafel Salad** | Crisp Falafel Balls served over Organic Greens with Fresh Veggies 14.50
- Green Salad** | Organic Greens, Egg, Cucumber, Tomato & Feta Cheese
(Request No *Tabuleh*) small 9.95 large 15.50
- Three Bean Salad** | Medley of Beans tossed with Red Bell Pepper, Herbs, Lemon Juice, Olive Oil
over a bed of Organic Greens with Egg, Tomato & Cucumber 15.50
- Chicken Salad** | Mary's grilled Chicken Skewer over Organic Greens with Egg, Cucumber,
Tomato & Feta Cheese lunch 15.50 dinner 17.50
- Salmon Salad** | Skewer of Salmon over Organic Greens, Tomato, Cucumber & Feta . . lunch 16.95 dinner 17.50
- Salad Méditerranée** | Hummos, Baba Ghanoush, Armenian Potato Salad,
Bean Salad & Organic Greens (*Request No Tabuleh*). lunch 15.50 dinner 17.50
- Lentil or Avgolemono Soups** | Ask Server for Availability cup 5.75 bowl 8.50

Gluten-Free Meza | Hummus, Baba Ghanoush, Armenian Potato Salad, Chicken Pomegranate,
Dolma, Falafel, Rice Pilaf, Bean Salad, Harissa per person 26

🍴 Specialties 🍴

Served with **Choice of Green Salad or Armenian Potato Salad or Cup of Soup du Jour**

- Chicken Pomegranate** | Drumsticks marinated in Pomegranate Sauce,
baked with Wild Herbs, served over Rice Pilaf lunch 15.50 dinner 18.95
- Chicken Kebab** | Mary's Chicken Breast, grilled and served over Rice Pilaf lunch 15.95 dinner 21
- Beef Kafta Kebab** | Marin Sun Farms pasture-raised Beef Meatball skewer,
grilled & served with Rice Pilaf lunch 16.50 dinner 21
- Veggie Kebabs** | Two Skewers of marinated Vegetable Kebabs with Organic Tofu,
served over Rice Pilaf lunch 15.95 dinner 18.50
- Lamb Lule** | Local, Grass-fed Lean Ground Halal Lamb Meatballs with Parsley, Spices,
Onions & Tomatoes, served over Rice Pilaf lunch 16.50 dinner 21.50
- Lamb or Veggie Moussaka** | Grilled Vegetables layered with
a gluten-free Bechamel Sauce lunch 16.95 dinner 21.50
- Salmon Kebab** | Grilled Salmon Skewer marinated in Dill & Tomato, over Rice Pilaf lunch 16.95 dinner 23
- Vegan Kafta Meatballs** | Plant-based Meatballs served over Rice with Tahini lunch 16.95 dinner 18.50
- Plant-based Lamb Kebabs** | Two skewers over rice pilaf (*gf*) lunch 16.95 dinner \$19.95

🍴 Dessert 🍴

- Mahalabiye or Chocolate Mousse** each 7.95