

# la Méditerranée

— SINCE 1979 —

CATERING MENU



2019 **Examiner**  
**Readers'**  
**CHOICE**  
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**(415) 921-2956**

2210 Fillmore Street (at Sacramento), San Francisco

1624 Powell Street, San Francisco

PICKUP & DELIVERY

## *La Méditerranée Chez Vous!*

Family owned and operated since 1979, our casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.

A 5% fee is added to fund San Francisco Employer Health Mandates and for Zero Foodprint to help Restore healthy soil projects that draw down carbon in California.

## ∞ Prix-Fixe Menus ∞

Take the guesswork out of your preparations!

MIN. ORDER: 10 PEOPLE

### LUNCH MEZA

Hummos, Organic Green Salad, Falafel, Rice Pilaf,  
Grecian Spinach & Feta Fillo, and choice of entrée:

- Chicken Pomegranate (*gf*)
- Chicken Cilicia Fillo
- Grilled Vegetables (*vegan, gf*)
- Salmon Kebabs (*gf*) add \$4
- Lamb Sirloin Kebabs (*gf*) add \$4
- Beef Kafta Kebabs (*gf*) add \$2
- Beef Filet Mignon Kebabs (*gf*) add \$4
- Vegan Kafta (*vegan, gf*) add \$3.50
- Halal Saffron Chicken Kebabs (*gf*) add \$2

\$18.95/person (one entrée) | \$21.95/person (two entrées)



### *New!* THE LUNCH SANDWICH COMBO

Halal Chicken Shawarma, Halal Lamb Shawarma or Falafel Sandwiches  
Served buffet style with Hummos and Organic Green Salad  
& a trio of sauces ... \$17.95/person

#### **Add Baklava to any Meza**

add \$1.95/person

#### **Add Armenian Potato Salad to any Meza** (*vegan, gf*)

add \$2.50/person



## THE MEDITERRANEAN MEZA

- Hummos (*vegan, gf*)
- Baba Ghanoush (*vegan, gf*)
- Tabuleh (*vegan*)
- Armenian Potato Salad (*vegan, gf*)
- Falafel (*vegan, gf*)
- Dolma (*vegan, gf*)
- Grecian Spinach & Feta Fillo
- Chicken Cilicia Fillo
- Chicken Pomegranate (*gf*)
- Lamb Lule (*gf*)
- Rice Pilaf (*vegan, gf*)

\$32/person

## THE MEZA MAGNIFIQUE

Everything in the Mediterranean Meza, plus Feta, Olives, Fruit & Cheese, Baklava and Datil Amandra.

\$36/person

*Vegan and Vegetarian Mezas Available*



## APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

**Hummos** (*vegan, gf*): Traditional garbanzo bean & garlic dip

**Roasted Red Pepper Hummos** (*vegan, gf*):

Mildly spicy with roasted chili and red pepper

**Baba Ghanoush** (*vegan, gf*): Grilled eggplant & garlic dip

**Djajiki** (*gf*): Lebni yogurt, garlic & cucumber dip

**Tabuleh** (*vegan*): Cracked wheat, parsley, tomato & lemon juice

**Harissa** (*vegan, gf*): Tomato, roasted pepper & walnut dip

**Armenian Potato Salad** (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

**Mini Tray**

(serves 10) ... \$45

**Small Tray**

(serves 20) ... \$72

**Large Tray**

(serves 30) ... \$104

Add Z'aatar & Olive Oil Pita Chips

1/2 bag ... \$7.50      full bag ... \$14

## Happy Hour Meza

Choose 5 of the following items:

**Spinach and Feta Fillo**

**Chicken Cilicia**

**Falafel** (*vegan, gf*)

**Dolma** (*vegan, gf*)

**Levant Sandwich**

**Vegetable Crudite** (*vegan, gf*)

**Fruit and Cheese**

**House-made Sweets**

**Goat Cheese & Walnut Stuffed Dates** (*gf*) add \$1

\$12/person

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# PARTY PLATTERS

*Our most popular finger foods, beautifully arranged and ready to serve.*

## **Mini** (serves 6)

24 piece, 6 of each item .....\$56

## **Small** (serves 12)

48 pieces, 12 of each item .....\$99

## **Medium** (serves 20)

80 pieces, 20 of each item .....\$144

## **Large** (serves 30)

120 pieces, 30 of each item.....\$195



## **EACH PARTY PLATTER INCLUDES:**

**Chicken Cilicia** – Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

## **Grecian Spinach & Feta Fillo**

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

**Levant Sandwiches** – Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

**Dolma** (*vegan, gf*) – Grape leaves stuffed with rice, herbs, lemon & olive oil.

**Falafel** (*gf*) can be substituted for any item on party platter

Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for \$32

## **VEGETARIAN/VEGAN PARTY PLATTERS**

Dolma, Spinach Fillo, Levant Sandwich and Falafel

*Platters can be all of one item upon request.*

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## Mediterranean Charcuterie Platter

Assorted salamis & cold cuts with olives, crackers & tourche pickles.

Small (serves 20-30) ... \$88

Large (30-50) ... \$149



## Salmon Cakes (gf)

Our house made gluten-free salmon cakes served with a spicy tahini sauce

Mini (24 pieces) ... \$62    Small (48 pieces) ... \$108

Large (80 pieces) ... \$160

## Humm-Baby! Falafel Tray (vegan, gf)

1/2 Hummos, 1/2 Falafel

Mini (serves 12) ... \$49    Small (serves 20) ... \$82

Large (serves 40) ... \$125    Dozen Falafel (with tahini)... \$24

## Dips A La Carte

12 oz. (serves 5)..... \$14

Bag Pita ..... \$7.50

Quart (serves 12) ..... \$28

Bag Pita Chips ..... \$14

Gallon (serves 50) ..... \$95

12 oz. Olives ..... \$14

12 oz. Hot Sauce ..... \$7.95

## Organic Roasted Dates with Goat Cheese and Walnuts (gf)

Small (serves 20) ... \$72

Large (serves 40) ... \$125



## 🌀 Sandwich Platters 🌀

### **Halal Chicken Shawarma Sandwich**

Spiced, baked chicken rolled in lavash with fresh greens, served with cucumber yogurt sauce

### **Falafel Sandwich** *(vegan)*

Garbanzo patties rolled in lavash, served with fresh greens and tahini

Small (7 whole/14 halves)... \$95

Large (10 whole/20 halves)... \$125

### **Halal Lamb & Beef Shawarma Sandwich**

Spiced, baked lamb rolled in lavash with fresh greens, or served hot with cucumber yogurt sauce

Small (7 whole/14 halves)... \$100

Large (10 whole/20 halves)... \$135

## 🌀 Salads 🌀

### **MIXED GREEN SALAD** *(gf)*

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, and our house tomato vinaigrette.

Mini (serves 12) ..... \$38

Small (serves 20) ..... \$55

Large (serves 35) ..... \$80



### **PESTO ORZO**

Orzo pasta with cherry tomatoes, feta cheese, kalamata olives and basil pesto (nut free) ... \$62

### **FRESH VEGGIE TRAY**

*Served with Tahini Dip*

Mini (serves 10) ... \$42    Small (serves 20) ... \$68

Large (serves 40) ... \$98

## Hot Entrées

### *New!* **COMBINATION MEAT PLATTER**

Beef Kibbeh, Boneless Halal Pomegranate Chicken, Halal Chicken Kebab  
Small ... \$118 (serves 15-20) Large ... \$205 (serves 30-40)

### **HALAL SHAWARMA PLATTER (gf)**

Hot Shawarma platter served with a cucumber-yogurt sauce  
Chicken ... Small \$95 Large \$175 Lamb & Beef ... Small \$99 Large \$185

### **CHICKEN POMEGRANATE DRUMSTICKS (gf)**

Sustainably-sourced drumsticks slow baked in our  
homemade pomegranate sauce ... \$48 doz./\$4 ea.

### **HALAL LAMB LULE MEATBALLS (gf)**

Superior Farms halal lamb meatballs stewed in our tomato onion sauce  
\$54 dozen/\$4.50 ea.

### **VEGAN KAFTA (gf)**

Non-GMO plant-based patties ... \$39 doz./\$3.25 ea.



### **Salmon Kebab Skewers (gf) or Beef Filet Mignon Skewers (gf) or Halal Lamb Sirloin Skewers (gf)**

Bite-size: \$47.40 doz./\$3.95 ea. Mini: \$90 doz./\$7.50 ea. Large: \$132 doz./\$11 ea.

### **Halal Saffron Chicken Skewers (gf)**

### **or Prather Ranch Beef Kafta Meatball Skewers (gf)**

### **or Veggie Kebab Skewers (gf)**

Bite-size: \$42 doz./\$3.50 ea. Mini: \$75 doz./\$6.25 ea. Large: \$114 doz./\$9.50 ea.

### **— RICE PILAF (vegan, gf) —**

Quart (serves 5-8) ... \$15 Gallon (serves 30) ... \$54

### **Cous Cous with Garbanzo & Currants (vegan)**

Gallon (serves 30) ... \$62

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## Box Lunches

FOR THE PARK OR THE OFFICE!

*All items served over rice (except sandwiches) and includes organic mixed green salad, hummos, pita bread and compostable cutlery.*

### **HALAL SAFFRON CHICKEN KEBAB (gf)**

Grilled chicken served with  
cucumber yogurt sauce ... \$18.95

### **CHICKEN POMEGRANATE (gf)**

Three local and sustainably-sourced drumsticks marinated in  
pomegranate sauce ... \$18.95

### **LAMB LULE (gf)**

Local, grass-fed Superior Farms halal lamb meatballs  
in a tomato-onion sauce ... \$19.50

### **GRILLED BEEF KAFTA KEBAB (gf)**

Prather Ranch beef meatball skewer  
served with cucumber yogurt sauce ... \$19.50

### **GRILLED SALMON KEBAB (gf)**

Sustainably-sourced salmon skewer  
marinated in dill & tomato ... \$19.95

### **VEGGIE KEBAB (gf)**

Two skewers of marinated vegetable kebabs  
with Organic Tofu ... \$19.50

### **LEBANESE BEEF KIBBEH**

Prather Ranch spiced ground beef meatballs with cracked wheat,  
served with a cucumber yogurt sauce ... \$19.50

### **FALAFEL (vegan)\***

Crisp falafel balls wrapped in lavash bread served with  
fresh greens & tahini ... sandwich \$17.50 over rice \$18.50

### **HALAL CHICKEN SHAWARMA\***

Spiced baked chicken, wrapped in lavash bread served with  
a cucumber yogurt sauce ... sandwich \$18.50 over rice \$19.50

### **HALAL BEEF & LAMB SHAWARMA SANDWICH\***

Served with a cucumber-yogurt sauce  
.. sandwich \$18.95 over rice \$19.95

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## Salad Box Lunches

FOR THE PARK OR THE OFFICE!

*Includes pita bread and compostable cutlery.*

### **SALAD MEDITERRANÉE**

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad and Mixed Organic Greens with feta (can be made vegan or gluten-free upon request) ... \$18.95

### **CHICKEN SALAD (gf)**

Halal saffron chicken kebab over organic greens, tomato, cucumber, egg & feta ... \$18.95

### **SALMON SALAD (gf)**

Sustainably-sourced skewer of Salmon over organic greens, tomato, cucumber & feta ... \$19.95

### **FALAFEL SALAD (vegan, gf)**

Crisp Falafel balls over organic greens, tomato, cucumber, feta and tahini ... \$17.95

**Add 2-piece Baklava to any Box Lunch ... \$1.95/each**

**Add Drinks ... \$2.95/each**



## ∞ Fruit & Sweets ∞

### FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

### SWEET TRAYS

Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates and walnuts.



### COMBINATION TRAYS

*Choose a little of each!*

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

- Mini (serves 10) ..... \$52
- Small (serves 20) ..... \$88
- Large (serves 40) ..... \$150

***Our Baklava is prepared with locally sourced organic walnuts!***



### DRINKS & TABLEWARE

Moroccan Mint Tea, Black Iced Tea,  
Organic Lemonade ... \$14/liter bottle

Coke, Diet Coke, Sprite,  
Bottled Water, Sparkling Water ... \$2.95/each

Compostable Tableware Setting  
(includes plates, cutlery, napkins, bamboo tongs  
and serving spoons) ... \$5/set of 10

**– Call for Wine & Beer Selection –**

## Pickup & Delivery

**AVAILABLE 7 DAYS A WEEK**

We kindly ask for 24-hour notice for all orders.

### San Francisco Delivery

Please call for a quote.

### Marin & South Bay Area Delivery

Delivery charges based on distance and size of order. Please call for a quote.



## Weddings & Events

In addition to our drop-off services we also offer catering for weddings, conferences and special events.

*Call one of our catering managers for more information.*

We require 24 hour notice for cancellation. Less than 24 hour notice will result in a 75% charge of the order. Same day cancellations will be charged in full.

For orders over \$1,000 we require 5 days notice for cancellation or it will result in a 50% charge of the order.

[www.cafelamedsf.com](http://www.cafelamedsf.com) | (415) 921-2956 | [information@cafelamedsf.com](mailto:information@cafelamedsf.com)



We are a certified California Green Business and recognized as an official SF Legacy Business. La Méditerranée is committed to environmental sustainability, and our local community.

We strive to source organic and local produce whenever possible.