# la Méditerranée

– SINCE 1979 –

## CATERING MENU

2019 Examiner Readers' CHOICE WINNER BEST CATERER

–ORDER ONLINE–

**www.cafelamedsf.com**

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**(415) 921-2956**

2210 Fillmore Street (at Sacramento), San Francisco

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PICKUP & DELIVERY

### *La Mediterranée Chez Vous!*

Family owned and operated since 1979, our casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.

A 5% fee is added to fund San Francisco Employer Health Mandates and for Zero Foodprint to help Restore healthy soil projects that draw down carbon in California.

# Prix-Fixe Menus

## Take the guesswork out of your preparations!

MIN. ORDER: 10 PEOPLE

### LUNCH MEZA

Hummos, Organic Green Salad, Falafel, Rice Pilaf,
Grecian Spinach & Feta Fillo, and choice of entrée:

- Chicken Pomegranate *(gf)*
- Chicken Cilicia Fillo
- Grilled Vegetables *(vegan, gf)*
- Salmon Kebabs *(gf)* add $4
- Lamb Sirloin Kebabs *(gf)* add $4
- Beef Kafta Kebabs *(gf)* add $2
- Beef Filet Mignon Kebabs *(gf)* add $4
- Vegan Kafta *(vegan, gf)* add $3.50
- Halal Saffron Chicken Kebabs *(gf)* add $2

$19.95/person (one entrée) | $23.50/person (two entrées)

*New!* **THE LUNCH SANDWICH COMBO**

Halal Chicken Shawarma, Halal Lamb Shawarma or Falafel Sandwiches
Served buffet style with Hummos and Organic Green Salad
& a trio of sauces … $19.95/person

**Add Baklava to any Meza**
add $1.95/person

**Add Armenian Potato Salad to any Meza** *(vegan, gf)*
add $2.50/person

## THE MEDITERRANEAN MEZA

Hummos *(vegan, gf)*, Baba Ghanoush *(vegan, gf)*, Tabuleh *(vegan)*, Armenian Potato Salad *(vegan, gf)*, Falafel *(vegan, gf)*, Dolma *(vegan, gf)*, Grecian Spinach & Feta Fillo, Chicken Cilicia Fillo, Chicken Pomegranate *(gf)*, Rice Pilaf *(vegan, gf)* and choice of two entrées:

- Chicken Pomegranate Drumsticks *(gf)*
- Chicken Pomegranate Kebabs *(gf)* +$2
- Halal Saffron Chicken Kebabs *(gf)* +$2
- Halal Lamb Lule *(gf)*
- Lamb Sirloin Kebabs *(gf)* +$4
- Beef Kefta Kebabs *(gf)* +$2
- Beef Fillet Mignon Kebabs *(gf)* +$4
- Salmon Kebabs (gf) +$4
- Grilled Organic Vegetables with Tofu
- Vegan Kefta Patties (vegan/gf) +$2

*Comes with Pita & Veggies* … $32/person

## THE MEZA MAGNIFIQUE

Everything in the Mediterranean Meza, plus Feta, Olives, Fruit & Cheese, Baklava and Datil Amandra.
$36/person

## *Vegan and Vegetarian Mezas Available*

# APPETIZER DIP PLATTERS

*Choose 3–4 items below. Comes with pita bread for dipping.*

**Hummos** *(vegan, gf)*: Traditional garbanzo bean & garlic dip

**Roasted Red Pepper Hummos** *(vegan, gf)*:
Mildly spicy with roasted chili and red pepper

**Baba Ghanoush** *(vegan, gf)*: Grilled eggplant & garlic dip

**Djajiki** *(gf)*: Lebni yogurt, garlic & cucumber dip

**Tabuleh** *(vegan)*: Cracked wheat, parsley, tomato & lemon juice

**Harissa** *(vegan, gf)*: Tomato, roasted pepper & walnut dip

**Armenian Potato Salad** *(vegan, gf)*:
with diced tomatoes, mint, olive oil, lemon, parsley

| Mini Tray | Small Tray | Large Tray |
|---|---|---|
| (serves 10) … $48 | (serves 20) … $84 | (serves 30) … $125 |

*Add Z'aatar & Olive Oil Pita Chips*

1/2 bag … $7.50 full bag … $14

# Happy Hour Meza

*Choose 5 of the following items:*

**Spinach and Feta Fillo**
**Chicken Cilicia**
**Falafel** *(vegan, gf)*
**Dolma** *(vegan, gf)*
**Levant Sandwich**
**Vegetable Crudite** *(vegan, gf)*
**Fruit and Cheese**
**House-made Sweets**
**Goat Cheese & Walnut Stuffed Dates** *(gf)* add $1

**Bite-size Chicken Pomegranate Kebab** (+$1)
**Bite-size Beef Kafta Kebab** (add $1)
**Bite-size Veggie Kebab** (add $1)
**Bite-size Salmon Kebab** (add $1.50)
**Bite-size Beef Fillet Mignon Kebab** (add $1.50)
**Bite-size Lamb Sirloin Kebab** (add $1.50)

$12/person

# PARTY PLATTERS

*Our most popular finger foods, beautifully arranged and ready to serve.*

**Mini** (serves 6)
24 pieces, 6 of each item . . . . . $59

**Small** (serves 12)
48 pieces, 12 of each item . . . . . $110

**Medium** (serves 20)
80 pieces, 20 of each item . . . . . $165

**Large** (serves 30)
120 pieces, 30 of each item. . . . . $220

## EACH PARTY PLATTER INCLUDES:

**Chicken Cilicia** — Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

**Grecian Spinach & Feta Fillo**
Tasty spinach and feta cheese baked in bite-sized fillo pastry.

**Levant Sandwiches** — Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

**Dolma** *(vegan, gf)* — Grape leaves stuffed with rice, herbs, lemon & olive oil.

**Falafel** *(gf) can be substituted for any item on party platter*
Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for $32

## VEGETARIAN/VEGAN PARTY PLATTERS

Dolma, Spinach Fillo, Levant Sandwich and Falafel

*Platters can be all of one item upon request.*

## Mediterranean Charcuterie Platter

Assorted salamis & cold cuts with olives, crackers & tourche pickles.

Small (serves 20)... $92
Large (40)... $156

## Pesto Caprese Skewers *(gf)*

with mozzarella, cherry tomato & balsamic glaze

Small (25 pieces)... $85
Large (50 pieces)... $158

## Salmon Cakes *(gf)*

Our house made gluten-free salmon cakes served with a spicy tahini sauce

Mini (24 pieces)... $66
Small (48 pieces)... $118
Large (80 pieces)... $175

## Florentine Quiche Bites

(Spinach & Feta)
30 pieces... $65

## Humm-Baby! Falafel Tray *(vegan, gf)*

*1/2 Hummos, 1/2 Falafel*

Mini (serves 12) ... $49 Small (serves 20) ... $90
Large (serves 40) ... $145 Dozen Falafel (with tahini)... $24

## Dips A La Carte

12 oz. (serves 5)..... $14
Quart (serves 12) ..... $28
Gallon (serves 50) ..... $95

Bag Pita ..... $7.50
Bag Pita Chips ..... $14
12 oz. Olives ..... $14

12 oz. Hot Sauce ..... $7.95

## Organic Roasted Dates with Goat Cheese and Walnuts *(gf)*

Small (serves 20) ... $75
Large (serves 40) ... $145

# Sandwich Platters

### Halal Chicken Shawarma Sandwich

Spiced, baked chicken rolled in lavash with fresh greens, served with cucumber yogurt sauce

### Falafel Sandwich *(vegan)*

Garbanzo patties rolled in lavash, served with fresh greens and tahini

Small (7 whole/14 halves) … $99  Large (10 whole/20 halves) … $130

### Halal Lamb & Beef Shawarma Sandwich

Spiced, baked lamb rolled in lavash with fresh greens, or served hot with cucumber yogurt sauce

Small (7 whole/14 halves) … $105  Large (10 whole/20 halves) … $140

# Salads

### MIXED GREEN SALAD *(gf)*

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, house tomato vinaigrette. *(gf)*

Mini (serves 10-15) . . . . . $45
Small (serves 20-25) . . . . . $75
Large (serves 30-35) . . . . . $105

### CHOPPED GREEK *(vegan, gf)*

Salad of romaine lettuce, cherry tomatoes, cucumber, kalamata olives & red onions. Served with feta cheese & house tomato vinaigrette on the side.

Small (serves 20-25) . . . . . $79
Large (serves 30-35) . . . . . $115

### PESTO ORZO

Orzo pasta with cherry tomatoes, feta cheese, kalamata olives and basil pesto (nut free) (serves 30) … $68

### FRESH VEGGIE TRAY

*Served with Tahini Dip*

Mini (serves 15) … $45  Small (serves 25) … $75
Large (serves 40) … $105

# Hot Entrées

*New!* **COMBINATION MEAT PLATTER**
Beef Kibbeh, Boneless Halal Pomegranate Chicken, Halal Chicken Kebab
Small … $135 (serves 15) Large … $240 (serves 30)

**HALAL SHAWARMA PLATTER** *(gf)*
Hot Shawarma platter served with a cucumber-yogurt sauce
Chicken … Small $105 Large $190 Lamb & Beef… Small $108 Large $195

**CHICKEN POMEGRANATE DRUMSTICKS** *(gf)*
Sustainably-sourced drumsticks slow baked in our homemade pomegranate sauce … $62 doz./$5 ea.

**HALAL LAMB LULE MEATBALLS** *(gf)*
Superior Farms halal lamb meatballs stewed in our tomato onion sauce … $65 dozen/$5.25 ea.

**VEGAN KAFTA** *(gf)*
Non-GMO plant-based patties … $48 doz./$4ea.

**Salmon Kebab Skewers** *(gf)* *or* **Beef Filet Mignon Skewers** *(gf)*
*or* **Halal Lamb Sirloin Skewers** *(gf)*
Bite-size: $51 doz./4.25 ea. Mini: $90 doz./$7.50 ea. Large: $168 doz./$14 ea.

**Halal Saffron Chicken Skewers** *(gf)*
*or* **Prather Ranch Beef Kafta Meatball Skewers** *(gf)*
*or* **Veggie Kebab Skewers** *(gf)*
Bite-size: $47.40 doz./$3.95 ea. Mini: $81 doz./$6.75 ea. Large: $144 doz./$12 ea.

## — SIDES —

**Rice Pilaf** *(vegan, gf)*: Quart (serves 5-8)… $15 Gallon (serves 30)… $58
**Cous Cous** w/Garbanzo & Currants *(vegan)*: Gallon (serves 30) … $68
**Grilled Veggies** *(vegan, gf)*: 2 Quart (serves 15) …$44 Gallon (serves 30) …$75
**Roasted Brussel Sprouts** *(vegan, gf)*: (serves 30)… $125
**Rosemary Roasted Russet Potatoes** *(vegan, gf)*: (serves 30)… $105

# Box Lunches

## FOR THE PARK OR THE OFFICE!

*All items served over rice (except sandwiches) and includes organic mixed green salad, hummos, pita bread and compostable cutlery.*

### HALAL SAFFRON CHICKEN KEBAB *(gf)*
Grilled chicken served with
cucumber yogurt sauce … $19.95

### CHICKEN POMEGRANATE *(gf)*
Three local and sustainably-sourced drumsticks marinated in
pomegranate sauce … $19.95

### LAMB LULE *(gf)*
Local, grass-fed Superior Farms halal lamb meatballs
in a tomato-onion sauce … $20.50

### GRILLED BEEF KAFTA KEBAB *(gf)*
Prather Ranch beef meatball skewer
served with cucumber yogurt sauce … $20.50

### GRILLED SALMON KEBAB *(gf)*
Sustainably-sourced salmon skewer
marinated in dill & tomato … $20.95

### VEGGIE KEBAB *(gf)*
Two skewers of marinated vegetable kebabs
with Organic Tofu … $19.95

### LEBANESE BEEF KIBBEH
Prather Ranch spiced ground beef meatballs with cracked wheat,
served with a cucumber yogurt sauce … $20.50

### FALAFEL *(vegan)**
Crisp falafel balls wrapped in lavash bread served with
fresh greens & tahini … sandwich $18.95  over rice $19.50

### HALAL CHICKEN SHAWARMA*
Spiced baked chicken, wrapped in lavash bread served with
a cucumber yogurt sauce … sandwich $19.95  over rice $20.95

### HALAL BEEF & LAMB SHAWARMA SANDWICH*
Served with a cucumber-yogurt sauce … sandwich $19.95  over rice $20.95

# Salad Box Lunches

## FOR THE PARK OR THE OFFICE!

*Includes pita bread and compostable cutlery.*

### SALAD MEDITERRANÉE

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad,
Lentil Salad and Mixed Organic Greens with feta
(can be made vegan or gluten-free upon request) . . . $20.50

### CHICKEN SALAD *(gf)*

Halal saffron chicken kebab over organic greens,
tomato, cucumber and feta . . . $19.95

### SALMON SALAD *(gf)*

Sustainably-sourced skewer of Salmon over organic greens,
tomato, cucumber and feta . . . $20.95

### FALAFEL SALAD *(vegan, gf)*

Crisp Falafel balls over organic greens,
tomato, cucumber, feta and tahini . . . $18.95

**Add 2-piece Baklava to any Box Lunch** . . . $1.95/each
**Add Drinks** . . . $2.95/each

# Fruit & Sweets

## FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

## SWEET TRAYS

Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates and walnuts.

## COMBINATION TRAYS

*Choose a little of each!*

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

Mini (serves 15) . . . . . $59

Small (serves 25) . . . . . $99

Large (serves 50) . . . . . $165

***Our Baklava is prepared with locally sourced organic walnuts!***

## DRINKS & TABLEWARE

Moroccan Mint Tea, Black Iced Tea,
Organic Lemonade . . . $14/liter bottle

Coke, Diet Coke, Sprite,
Bottled Water, Sparkling Water . . . $2.95/each

Compostable Tableware Setting
(includes plates, cutlery, napkins, bamboo tongs
and serving spoons) . . . $5/set of 10

**— Call for Wine & Beer Selection —**

# Pickup & Delivery

## AVAILABLE 7 DAYS A WEEK

We kindly ask for 24-hour notice for all orders.

## San Francisco Delivery

Please call for a quote.

## Marin & South Bay Area Delivery

Delivery charges based on distance and size of order. Please call for a quote.

# Weddings & Events

In addition to our drop-off services we also offer catering for weddings, conferences and special events.

*Call one of our catering managers for more information.*

We require 24 hour notice for cancellation. Less than 24 hour notice will result in a 75% charge of the order. Same day cancellations will be charged in full. For orders over $1,000 we require 5 days notice for cancellation or it will result in a 50% charge of the order.

www.cafelamedsf.com | (415) 921-2956 | information@cafelamedsf.com

SF WEEKLY BEST OF SF WINNER 2021

SAN FRANCISCO GREEN BUSINESS

We are a certified California Green Business and recognized as an official SF Legacy Business. La Méditerranée is committed to environmental sustainability, and our local community. We strive to source organic and local produce whenever possible.